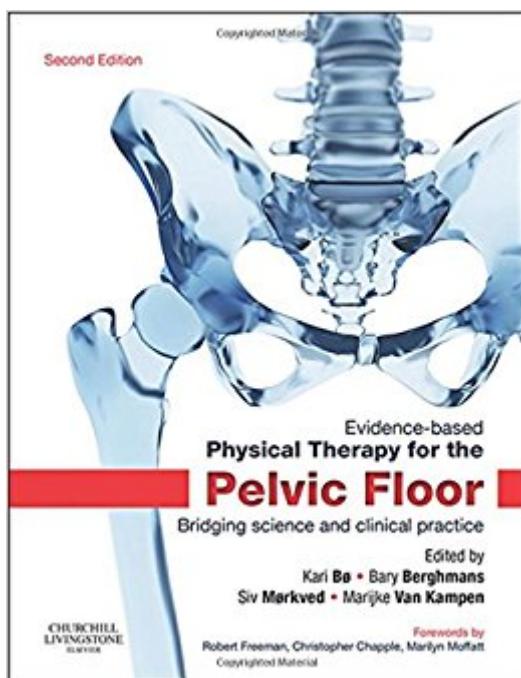


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# **Evidence-Based Physical Therapy For The Pelvic Floor: Bridging Science And Clinical Practice, 2e**



## Synopsis

Bridging the gap between evidence-based research and clinical practice, *Physical Therapy for the Pelvic Floor* has become an invaluable resource to practitioners treating patients with disorders of the pelvic floor. The second edition is now presented in a full colour, hardback format, encompassing the wealth of new research in this area which has emerged in recent years. Kari BÃfÃ, and her team focus on the evidence, from basic studies (theories or rationales for treatment) and RCTs (appraisal of effectiveness) to the implications of these for clinical practice, while also covering pelvic floor dysfunction in specific groups, including men, children, elite athletes, the elderly, pregnant women and those with neurological diseases. Crucially, recommendations on how to start, continue and progress treatment are also given with detailed treatment strategies around pelvic floor muscle training, biofeedback and electrical stimulation. "...a comprehensive review of every aspect of this area including female, male and childhood issues, incontinence, prolapse, pain and sexual dysfunction." Reviewed by Beatrice McGinley on behalf of *Physiotherapy Practice and Research*, October 2015 aligns scientific research with clinical practice detailed treatment strategies innovative practice guidelines supported by a sound evidence base colour illustrations of pelvic floor anatomy and related neuroanatomy/ neurophysiology MRIs and ultrasounds showing normal and dysfunctional pelvic floor incorporates vital new research and material uses key summary boxes throughout new edition to highlight quick reference points now in full colour throughout and a hardback format

## Book Information

Hardcover: 446 pages

Publisher: Churchill Livingstone; 2 edition (January 22, 2015)

Language: English

ISBN-10: 0702044431

ISBN-13: 978-0702044434

Product Dimensions: 1.2 x 7.8 x 9.8 inches

Shipping Weight: 2.6 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 6 customer reviews

Best Sellers Rank: #115,850 in Books (See Top 100 in Books) #10 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Surgery > Urology #15 in Books > Medical Books > Medicine > Internal Medicine > Urology #171 in Books > Medical Books > Medicine > Diagnosis

## Customer Reviews

"This book has assembled leading names in a multidisciplinary group in the field of research and clinical work to contribute to this book detailing and summarising all the research available to date in the field of pelvic floor function and dysfunction. It is a comprehensive review of every aspect of this area including female, male and childhood issues, incontinence, prolapse, pain and sexual dysfunction, including specific groups such as the elderly, the high level sports participants and pregnant and post- partum women." Reviewed by Beatrice McGinley on behalf of Physiotherapy Practice and Research, October 2015

Not what I was looking for at this time. Came in a timely manner. In new condition...content was very research oriented with lots of abbreviations to lay out summaries of the research. Probably great for a review of literature some what difficult for novice.

This is a great book to have in your library for all Pelvic Floor PTs!

Fast delivery, everything as expected. Thank you for your reliability

very good

Very informative. Love the research.

Perfect

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